

*Athletics
Manitoba*



*Annual
Awards Gala*

AGE GROUP
NOMINEES

2023



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

ELISE MANAIGRE

- Ranked #1 Indoors in Manitoba in the 60m (8.90) and Shot Put (6.72m)
- Indoor Provincial Champion in the 60m and Shot Put
- Ranked #2 Indoors in Manitoba in Long Jump (3.86m)
- Ranked #1 Outdoors in Manitoba in the 80m (11.38), 150m (21.22), Standing Long Jump (2.15m) and Shot Put (8.35m)
- Outdoor Provincial Champion in the 80m, 150m, Long Jump, Standing Long Jump, and Shot Put



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

ZOE SALVADOR

- Ranked #3 Indoors in Manitoba in the 60m (9.40) and Long Jump (3.36m)
- Silver Medal in the 150m at the Outdoor Provincial Championships
- Ranked #2 Outdoors in Manitoba in the Standing Long Jump (1.91m)
- Ranked #3 Outdoors in Manitoba in the 80m (11.78), 150m (22.87) and Long Jump (3.39m)



OUTSTANDING U12 FEMALE NOMINEES

Elise Manaigre, Zoe Salvador, Jaeda Liske

JAEDA LISKE

- Ranked #1 Indoors in Manitoba in the Long Jump (4.03m)
- Indoor Provincial Champion in the Long Jump
- Ranked #1 Outdoors in Manitoba in High Jump (1.30m) and Long Jump (4.27m)
- Outdoor Provincial Champion in High Jump
- Ranked #2 Outdoors in Manitoba in the 80m (11.80) and Shot Put (5.89m)



OUTSTANDING U12 MALE NOMINEES

Ezekiel Akinlade, Noah Duncan, Xavier Zarichanski

EZEKIEL AKINLADE

- Ranked #1 Indoors in Manitoba in the 60m (9.15), 150m (22.21), Standing Long Jump (1.66m) and Long Jump (3.33m)
- Indoor Provincial Champion in the 60m, 150m, and Long Jump
- Ranked #1 Outdoors in Manitoba in the 150m (21.66)
- Outdoor Provincial Champion in the 80m (11.42) and 600m (2:06.04)



OUTSTANDING U12 MALE NOMINEES

Ezekiel Akinlade, Noah Duncan, Xavier Zarichanski

NOAH DUNCAN

- Ranked #1 Outdoors in Manitoba in High Jump (1.30m) and Standing Long Jump (1.97m)
- Outdoor Provincial Champion in Long Jump (4.08m)
- Silver Medal in the 80m at Outdoor Provincial Championships
- Ranked #2 Outdoors in Manitoba in the 150m (22.37)



OUTSTANDING U12 MALE NOMINEES

Ezekiel Akínláde, Noah Duncan, Xavier Zarichanski

XAVIER ZARICHANSKI

- Ranked #2 Outdoors in Manitoba in Long Jump (3.50m) and Shot Put (6.37m)
- Outdoor Provincial Champion in Shot Put (6.37m)
- Bronze Medal in the 80m at Outdoor Provincial Championships
- Ranked #3 Outdoors in Manitoba in the 150m (22.46)



OUTSTANDING U14 FEMALE NOMINEES

Faustine Ogweno, Lily Hemlow

FAUSTINE OGWENO

- Ranked #1 Indoors in Manitoba in the 60m (8.62), 150m (20.84), Long Jump (4.60m), and Triple Jump (9.62m)
- Indoor Provincial Champion in the 150m and Long Jump
- Ranked #1 Outdoors in Manitoba in the 80m (10.84), 150m (20.48), Long Jump (4.73m) and Triple Jump (10.32m)
- Outdoor Provincial Champion in the 80m, Silver Medal in the 150m and Long Jump



OUTSTANDING U14 FEMALE NOMINEES

Faustine Ogweno, Lily Hemlow

LILY HEMLOW

- Ranked #1 Indoors in Manitoba in the 300m (48.12), 800m (2:41.04), and 1200m (4:19.31)
- Ranked #3 Indoors in Manitoba in the 60m (9.16) and Long Jump (3.61m)
- Indoor Provincial Champion in the 800m and 1200m
- Ranked #1 Outdoors in Manitoba in the 800m (2:27.96), 1200m (3:56.63), 2000m (7:35.89), and Standing Long Jump (2.03m)



OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashton Chastellaine, Caedmon Freisen

REED PASSMORE

- Ranked #1 Indoors in Manitoba in the 60m (8.17), 150m (19.29), 300m (40.69), 60mH (10.30), Pole Vault (2.65m), and 4x200m (1:48.02)
- Indoor Provincial Champion in the 60m, 150m, 300m, 60mH, Pole Vault and 4x200m
- Ranked #1 Outdoors in Manitoba in the 80m (10.38), 150m (18.68), 300m (40.91) and 80mH (12.57)



OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashton Chastellaine, Caedmon Freisen

CASHTON CHASTELLAINÉ

- Ranked #1 Outdoors in Manitoba in Long Jump (4.34m) and Shot Put (9.53m)
- Outdoor Provincial Champion in the 80m (11.36) and Shot Put
- 11th place at the North American Indigenous Games in both the 150m and Long Jump
- Ranked #2 Outdoors in Manitoba in the 80m and 150m



OUTSTANDING U14 MALE NOMINEES

Reed Passmore, Cashlon Chastellaine, Caedmon Friesen

CAEDMON FRIESEN

- Ranked #1 Indoors in Manitoba in the 800m (2:42.98) and 1200m (4:21.26)
- Silver Medal in the 1200m and Bronze Medal in the 800m at the Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in the 800m (2:37.86) and 1200m (4:12.12)
- Ranked #3 Outdoors in Manitoba in the 80m (12.11)



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

KYLA FINDLEY

- Ranked #1 Overall in Manitoba in the 100m (12.36)
- Ranked #3 Overall in Manitoba in the 200m (25.22)
- MHSAA Provincial Champion in the 100m, 200m and Long Jump
- Bronze Medal in the 100m at the Legion National Youth Track and Field Championships
- 4th place in the 200m at the Legion National Youth Track and Field Championships
- Gold Medal in the 100m and 200m at the Canada West Challenge



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

LILLIAN WALDNER

- Ranked #1 Indoors in Manitoba in the 60m (8.23), 200m (26.46), and 300m (42.68)
- Indoor Provincial Champion in the 200m and 300m
- Ranked #1 Outdoors in Manitoba in the 300m (41.66)
- Outdoor Age Class Provincial Champion in the 300m
- Silver Medal at the MHSAA Provincial Championships in both the 100m and the 200m
- Gold Medal in the 300m, Silver Medal in the 200m, and Bronze Medal in the 100m at the Canada West Challenge
- Ranked #2 Outdoors in Manitoba in the 100m (12.61) and 200m (25.64)

2023



OUTSTANDING U16 FEMALE NOMINEES

Kyla Findley, Lillian Waldner, Annika De Smet,

ANNIKA DE SMET

- Ranked #1 Indoors in Manitoba in the U16 400m (1:00.40), 800m (2:18.65), 1200m (3:41.44), 2000m (6:38.62), and 4x400m (4:08.51)
- Indoor Provincial Record in the 1200m (3:41.44) and 2000m (6:38.62)
- Indoor Provincial Champion in the 800m, 1200m, 2000m and 4x400m
- Ranked #1 Outdoors in Manitoba in the U16 1200m and 2000m
- MHSAA Provincial Champion in the 800m, 1500m and 3000m
- Outdoor Age Class Provincial Champion in the 1200m and 2000m
- Silver Medal in the 2000m and Bronze Medal in the 1200m at the Legion National Youth Track and Field Championships, setting a new Outdoor Provincial Record in the 2000m
- MHSAA Cross Country Provincial Champions and Manitoba Age Class Provincial Cross Country Champion



OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

ISAAC ANNOH

- Ranked #1 Outdoors in Manitoba in U16 Discus (38.16m), Hammer (33.62m), and Shot Put (16.13m)
- MHSAA Provincial Champion in Shot Put
- Gold Medal in Shot Put at the Legion National Youth Track and Field Championships
- Silver Medal in Shot Put and Bronze Medal in Discus at Canada West Challenge
- 7th place in Hammer and 13th place in Discus at the Legion National Youth Track and Field Championships

2023

Decorative scrollwork in the bottom corners of the page, consisting of gold-colored flourishes and lines.



OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

BEN DNES

- Ranked #1 Outdoors in Manitoba in the 100mH (14.59), High Jump (1.73m), Long Jump (6.01m), Triple Jump (11.45m), and Pentathlon (3225 pts)
- Silver Medal in the Pentathlon at the Legion National Youth Track and Field Championships
- Outdoor Provincial Record in the Pentathlon
- Gold Medal in the Pentathlon at the Canada West Challenge
- Outdoor Provincial Champion in Triple Jump



OUTSTANDING U16 MALE NOMINEES

Isaac Annoh, Ben Dnes, Yusuff Ajibola Yusuff

YUSUFF AJIBOLA YUSUFF

- Ranked #1 Indoors in Manitoba in the 60m (7.55), 200m (24.15), 300m (38.77), 4x200m (1:48.02), 4x400m (3:57.06), and Long Jump (5.52m)
- Indoor Provincial Champion in the 200m, 300m, 4x200m and 4x400m
- Ranked #1 Outdoors in Manitoba in the 100m (11.50), 200m (23.09), 300m (36.84) and 4x100m (45.19)
- Bronze Medal in the 300m at the Legion National Youth Track and Field Championships
- Gold Medal in the 100m at the Canada West Challenge



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

AMIRA LAWRENCE

- Ranked #1 in Manitoba Indoors as U18 in the 200m (25.48) and 400m (59.26), and Outdoors in the 100m (12.70), 200m (25.07), and 400m (58.18).
- Ranked #1 in Manitoba, overall Indoors in the 200m (25.48)
- 7th place in the 400m at the Simplot Games
- Ranked 5th nationally Indoors in the 200m and 6th nationally in the 400m
- MHSAA Provincial Champion in the 100m and 400m, and Silver Medal in the 200m

2023



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

ASHLEY MORROW

- Ranked #1 Indoors in Manitoba in U18 Shot Put (11.79m) and Weight Throw (13.68m) and Outdoors in Discus (28.21m), Hammer (48.17m), and Shot Put (13.47m)
- Bronze Medal in Shot Put at the Legion National Youth Track and Field Championships
- 4th place in Hammer and 10th place in Discus at the Legion National Youth Track and Field Championships
- Indoor Provincial Champion in Shot Put and Weight Throw
- Outdoor Age Class Provincial Champion in Hammer and Shot Put
- MHSAA Provincial Champion in Shot Put

2023



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

SYDNEY BURAK

- Ranked #1 Indoors in Manitoba in High Jump (1.55m) and Triple Jump (9.85m)
- Silver Medal in High Jump and Triple Jump at Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in High Jump (1.59m)
- Outdoor Age Class Provincial Champion in High Jump and Triple Jump
- Silver Medal in High Jump and Bronze Medal in Triple Jump at the Canada West Challenge



OUTSTANDING U18 FEMALE NOMINEES

Amira Lawrence, Ashley Morrow, Sydney Burak, Sadie Maciura

SADIE MACIURA

- Ranked #1 Indoors in Manitoba in the 3000m (11:31.33), and #2 in the 1500m (5:17.81)
- Indoor Provincial Champion in the 3000m
- Ranked #1 Outdoors in Manitoba in the 1500m (5:06.40) and 3000m (10:55.58)
- Bronze Medal in both the 1500m and 3000m at the MHSAA Provincial Championships



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

AUGUSTINE NKUNDIMANA

- Ranked #1 Indoors in Manitoba in the U18 60m (7.15) and 200m (22.85)
- Ranked #1 Outdoors in Manitoba in the U18 100m (10.97) and 200m (22.50)
- Indoor Provincial Champion in the 60m and 200m
- MHSAA Provincial Champion in the 100m and 200m
- Gold Medal in the 100m at Canada West Challenge
- Silver Medal in the 200m at Canada West Challenge
- Gold Medal in the 4x100m relay at Canada West Challenge + Provincial Record (42.33)
- Silver Medal in the 4x100m relay at Legion National Youth Track and Field Championships



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

NOAH NEVES

- Ranked #1 nationally and #1 in Manitoba, Indoors in the 400m (50.70), 600m (1:21.20) and 800m (1:52.95)
- Bronze Medal in the 800m at Simplot Games
- 7th place at Nike Indoor Nationals in the 800m
- Ranked #1 Outdoors in Manitoba in the 400m (49.91) and 800m (1:53.86)
- MHSAA Provincial Champion in the 400m, Silver Medal in the 800m and Bronze in the 200m
- 5th place at Commonwealth Youth Games in the 800m
- Gold Medal in the 400m at the Canada West Challenge and Silver Medal in the 800m



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

THOMAS BOYCHUK

- Ranked #1 Outdoors in Manitoba in Discus (36.24m), Javelin (50.59m), and Shot Put (12.47m)
- MHSAA Provincial Champion in Javelin
- Gold Medal in Hammer, Javelin and Shot Put at the Canada West Challenge
- Outdoor Age Class Provincial Champion in Discus, Javelin and Shot Put



OUTSTANDING U18 MALE NOMINEES

Augustine Nkundimana, Noah Neves, Thomas Boychuk, Nate Phillips

NATE PHILLIPS

- Ranked #1 Indoors in Manitoba in the 1500m (4:15.91) and the 3200m (10:19.06)
- Ranked #1 Outdoors in Manitoba in the 1500m (4:04.88), 3000m (8:56.25), and 4x400m (3:28.42)
- MHSAA Provincial Champion in the 1500m, 3000m and Silver Medal in the 800m
- 11th place in the 3000m at the Legion National Youth Track and Field Championships
- Silver Medal in the 1500m at the Canada West Challenge
- Gold Medal at the Provincial Cross Country Championships

2023



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klässen

ZOE NONATO

- Ranked #1 in Manitoba Indoors in the U20 60m (7.76) and 300m (40.74)
- Ranked #7 nationally Indoors in the 300m
- Bronze Medal in the 4x200m and 4x400m relays at Can West Championships
- 5th place in the 300m at the Can West Championships
- 7th place in the 60m at the Can West Championships
- Member of the 4x200m and 4x400m that represented University of MB at U SPORTS
- Outdoor Provincial Champion in the 100m



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klässen

SIGNY MCKIM

- Ranked #1 Indoors in Manitoba in Triple Jump (11.52m), and #3 in High Jump (1.60m)
- Indoor Provincial Champion in High Jump (1.55m) and Triple Jump (11.52m)
- Ranked #5 nationally Indoors in Triple Jump
- Ranked #1 Outdoors in Manitoba in Triple Jump (11.34m)
- Outdoor Provincial Champion in the 100m (13.24) and Triple Jump (11.01m)



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klässen

TEANNA GAGNE

- Ranked #1 Indoors in Manitoba in Long Jump (5.25m)
- Indoor Provincial Champion in Long Jump (5.25m), Silver Medal in the 200m (26.96) and Bronze Medal in Shot Put (9.31m) at the Indoor Provincial Championships
- Ranked #1 Outdoors in Manitoba in the Heptathlon (3713 pts)
- 8th place at the Canadian Track and Field Championships



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

LOGAN HARZ

- Ranked #1 Indoors in Manitoba in the U20 600m (1:41.27), 1000m (2:59.88), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the U20 1500m (4:47.56)
- Outdoor Age Class Provincial Champion in the 800m and 1500m
- MHSAA Provincial Champion in the 800m and 1500m
- Silver Medal at Manitoba Provincial Cross Country Championships
- Bronze Medal at MHSAA Cross Country Championships



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klässen

ERICA UDOH

- Ranked #1 Indoors in Manitoba in Shot Put (11.33m) and Weight Throw (13.10m)
- Indoor Provincial Champion in Shot Put (10.85m) and Weight Throw (12.74m)
- 10th place at the Can West Championships
- Ranked #1 Outdoors in Manitoba in Hammer (36.60m) and Shot Put (10.82m)
- Outdoor Provincial Champion in Hammer and Shot Put



OUTSTANDING U20 FEMALE NOMINEES

Zoe Nonato, Signy McKim, Teanna Gagne, Logan Harz, Erica Udoh, Lena Klassen

LENA KLASSEN

- Ranked #1 Indoors in Manitoba in the 800m (2:19.55), 1500m (4:46.78), and 4x400m (4:08.51)
- Ranked #1 Outdoors in Manitoba in the 800m (2:17.69)
- Indoor Provincial Champion in the 800m
- Gold Medal in the Provincial Cross Country Championships
- Gold Medal at MHSAA Cross Country Championships



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Oláyinka Odeléye, Jordan Beinert

ANDREW SIMARD

- Ranked #1 Outdoors in Manitoba in the 400m (49.64), 800m (1:51.67), and 1500m (3:56.17)
- Ranked #7 nationally Outdoors in the 800m
- 7th place at the IC4/ECAC Outdoor Championships in the 800m
- Represented Manitoba at the U20 Bell Canadian National Championships in the 800m



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Oláyinka Odeléye, Jordan Beinert

ALEJANDRO CIVETTA

- Ranked #1 Indoors in Manitoba in the 600m (1:21.62), 800m (1:53.91), 1500m (4:10.00) and 4x400m (3:36.82)
- Ranked #5 nationally Indoors in the 800m
- 6th place at Simplot Games in the 800m
- MHSAA Provincial Champion in the 800m and 1500m, Silver Medal in the 400m
- 9th place at Nike Outdoor Nationals in the 800m
- Represented Tough Track and Manitoba at the U20 Bell Canadian National Championships in the 800m

2023



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Oláyínká Odeleýe, Jordan Beinert

OLAYINKA ODELEYE

- Ranked #1 Indoors in Manitoba in U20 Long Jump (5.87m) and Triple Jump (12.40m)
- Outdoor Provincial Champion in Long Jump (6.68m) and Triple Jump (13.57m)
- 7th place in Triple Jump at the Canadian Track and Field Championships
- Ranked #1 Outdoors in Manitoba in U20 Long Jump and Triple Jump
- MHSAA Provincial Champion in Long Jump (6.78m) and Triple Jump (13.54m)



OUTSTANDING U20 MALE NOMINEES

Andrew Simard, Alejandro Civetta, Oláyinka Odeléye, Jordan Beinert

JORDAN BEINERT

- Ranked #1 Indoors in Manitoba in the U20 60mH (8.68)
- Indoor Provincial Champion in the 60mH
- Ranked #4 Indoors in Manitoba in the Open 60mH (8.95)
- Ranked #1 Outdoors in Manitoba in the U20 110mH (15.20)
- MHSAA Provincial Champion in the 100mH
- 8th place in the 110mH at the Canadian Track and Field Championships
- Ranked #2 Indoors in Manitoba in High Jump (1.65m) and #4 Outdoors in Long Jump (5.90m)



OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

MADISSON LAWRENCE

- Gold Medal in the Pentathlon (4114 pts) and High Jump at U SPORTS Championships (1.76m)
- Set a U SPORTS Pentathlon High Jump record (1.80m)
- Indoor Provincial Record in the Pentathlon and High Jump
- Bronze Medal in the Heptathlon and High Jump at the Canadian Track and Field Championships
- Ranked #1 in Manitoba Indoors in the 60mH, High Jump, Long Jump and Pentathlon and Outdoors in the 200m, 100mH, 4x100m, High Jump, Long Jump, and Heptathlon
- Outdoor Provincial Record in the Heptathlon (5710 pts)

2023



OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

TRACY TOWNS

- Ranked #1 Indoors in Manitoba in the Senior 800m (2:10.09) and Mile (5:00.78)
- Part of the University of Illinois program's third fastest DMR team that took third place at the Big Ten Indoor Championships (11:13.87)
- Ranked #1 Outdoors in Manitoba in the Senior 800m (2:06.79) and 1500m (4:28.10)
- 5th place finish in the 800m final at the Big 10 Outdoor Championships
- Advanced to compete at the NCAA West Championships
- Ran the 9th best 800m time in University of Illinois program history (2:06.79)

2023



OUTSTANDING SENIOR FEMALE NOMINEES

Madisson Lawrence, Tracy Towns, Anna McConnell

ANNA MCCONNELL

- Gold Medal in Shot Put at U SPORTS Championships (14.62m)
- Gold Medal in Shot Put at the Can West Championships
- Ranked #1 Indoors and Outdoors in Manitoba in Shot Put (14.62m indoor) and (13.92m outdoor) and #1 in Discus (36.99m)
- 6th place in Shot Put at the Canadian Track and Field Championships
- Ranked #3 nationally Indoors in Shot Put



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

JORDAN SOUFI

- Ranked #1 Indoors in Manitoba in the 50m (5.87) and 60m (6.73) and #3 in the 200m (22.33)
- Ranked #1 Outdoors in Manitoba in the 100m (10.43)
- Gold Medal in the 60m at the Can West Championships
- Bronze Medal in the 4x200m at the Can West Championships
- 4th place in the 4x200m at U SPORTS
- 5th place in the 60m at U SPORTS



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

TYLER COX-YESTRAU

- Ranked #1 Indoors in Manitoba in the Senior 200m (22.08), 300m (34.04), and 400m (47.74)
- Ranked #3 nationally Indoors in both the 300m and 400m
- Ranked #1 Outdoors in Manitoba in the Senior 200m (21.32) and 400m (46.79)
- Gold Medal in the 4x400m at the Can West Championships
- Gold Medal in the 300m at the Can West Championships
- Gold Medal in the 4x400m at U SPORTS
- 4th place finish in the 300m at U SPORTS

2023



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

SIMON BERUBE

- Ranked #1 Indoors in Manitoba in the 800m (1:52.22), 1000m (2:25.49), and Mile (4:06.95)
- Ranked #1 Outdoors in Manitoba in the 1500m (3:42.75)
- Ranked #12 nationally Outdoors in the 800m
- 2nd place at the Royal City Inferno in the 1500m
- 5th place at the Victoria Track Classic



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

SAM VINCENT

- Ranked #1 Indoors in Manitoba in the 5000m (14:06.70)
- Indoor Provincial Record in the 5000m
- Ranked #1 Outdoors in Manitoba in the 5000m (13:52.94)
- 8th place in the 5000m at the Canadian Track and Field Championships



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

MAX SPEISER

- Ranked #1 Indoors in Manitoba in Pole Vault (4.55m) and Heptathlon (5040 pts)
- Ranked #4 nationally in the Heptathlon
- Bronze Medal in the Heptathlon at U SPORTS Championships
- Ranked #1 Outdoors in Manitoba in High Jump, Pole Vault, Discus and Decathlon
- Ranked #8 nationally in the Decathlon
- Bronze Medal in the Decathlon at the Canadian Track and Field Championships



OUTSTANDING SENIOR MALE NOMINEES

Jordan Soufi, Tyler Cox-Yestrau, Simon Berube, Sam Vincent, Max Speiser, Daxx Turner

DAXX TURNER

- Ranked #1 Indoors in Manitoba in High Jump (2.02m) and Triple Jump (15.40m) and Outdoors in Triple Jump (15.44m)
- Ranked #2 nationally Indoors in Triple Jump
- Gold Medal in Triple Jump and Silver Medal in High Jump at the Can West Championships
- Bronze Medal in Triple Jump at the Canadian Track and Field Championships
- Outdoor Provincial Champion in High Jump and Triple Jump



OUTSTANDING MASTERS FEMALE NOMINEES

Hillarie Tasche, Omena Babalola, Carolyn Coffin

HILLARIE TASCHE

- Ranked #1 Indoors in Manitoba in the 60m (9.09), 60mH (11.38), and Pole Vault (3.15m)
- Represented the University of MB at the Canada West Championships



OUTSTANDING MASTERS FEMALE NOMINEES

Hilärie Tasche, Omena Babalola, Carolyn Coffin

OMENA BABALOLA

- Ranked #1 Indoors in Manitoba in the 50m (8.47), 60m (9.90), and 200m (34.70)
- Gold Medal in the 50m at the Canadian Masters Championships
- Silver Medal in the 60m and 200m at the Canadian Masters Championships
- Ranked #1 Outdoors in Manitoba in the 100m (16.49), and 200m (36.41)



OUTSTANDING MASTERS FEMALE NOMINEES

Hilärie Tasche, Omena Babalölä, Carolyn Coffin

CAROLYN COFFIN

- Ranked #1 Indoors in Manitoba in the 1500m (5:44.00), 3000m (12:12.48) and 5000m (21:15.83)
- Indoor Provincial Champion in the 1500m and 3000m
- 224th overall in the Canadian 10km Championships



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

GREG ATHAYDE

- Indoor Provincial Records in the 200m (28.95), 400m (1:00.87), 600m (1:37.44), and 1500m (4:55.10)
- Outdoor Provincial Records in the 200m (28.44) and 400m (1:00.54)
- Silver Medal in the 800m at the USATF Masters Championships



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

MICHAEL MORRIS

- Indoor Provincial Record in the 60m (7.67), 200m (24.85), and 400m (55.89)
- Outdoor Provincial Record in the 100m (11.97), 200m (24.21), and 400m (55.47)



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Freisen

CLAUDE FAUCHER

- Indoor Provincial Record in the 600m (1:38.94)
- Indoor Provincial Champion in the 1500m (4:49.90)
- Silver Medal in the 400m and Bronze in the 800m at the Indoor Provincial Championships



OUTSTANDING MASTERS MALE NOMINEES

Greg Athayde, Michael Morris, Claude Faucher, Ken Friesen

KEN FRIESEN

- Gold Medal in the 800m (2:34.90) at the Canadian Masters Indoor Championships
- Silver Medal in the 1500m (5:51.41) at the Canadian Masters Indoor Championships
- Provincial Record in the Indoor 65-69 300m (48.99), 400m (1:06.74), 800m (2:34.87), and 3000m (12:07.20)