

Registration Form

Name:
Email:
Age:
Address:
Emergency Contact:
Allergies:
Favourite Event:
T-shirt Size:
Parent/Guardian Name:
Parent/Guardian Phone:
Parent/Guardian Signature:



**Cut/Rip this page
and hand
into coaches**

Contact Information

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Athletics Manitoba Track and Field Program



What is it?

Athletics Manitoba is creating a track and field program within the downtown area.

This 10 week program will give interested individuals the opportunity to learn more about the sport of Track and Field.

Certified coaches will help participants learn proper form and give them personal workout plans to help them reach their potential.



2 Track meets included in program!
December 4th, 10th-11th

Where:
University of Winnipeg
Recplex

Cost:
Free!

When:
Tuesday + Thursday
5:30-7:00PM
October 5th- December 9th

Transportation:
Available upon request



Why Track and Field?

Track and Field teaches the basic movement skills needed to excel in all sports.

Learning the fundamentals of running, jumping, and throwing, will have a lasting impact on an athlete's development.



Made possible with funding from Athletics Canada